



SKILLS Development Module

A set of technical curling shots designed to involve 4 individuals. The six shots include a) draw to the button, b) draw around a centre guard, c) hit and roll, d) hit through a port, e) tap back and f) run back. Two teams of 2 players throw each of the six shots from the traditional 2 Person Stick Curling positions. Points (5/4/3/2/1/0) are awarded/recorded based on the outcome of each shot (see Skills Recording Sheet). Upon completion of the six shots by each participant, the teams' results are totalled to determine a winning team.

Time to play

Including set-up, throwing the rocks and scoring the shots, a session should take no more than 30 minutes.

Set-up & Rock Placement

Each end requires a different set-up (see Skills Recording Sheet for more detail).

1st Shot- Player 1 & Player 2

No rocks in play

2nd Shot- Player 1 & Player 2

Rock placed on the centre line, half way between the hog line and the top of the house

3rd Shot- Player 1 & Player 2

Rock placed one rock in front of the tee line with projected edge touching the edge of the eight foot ring

4th Shot- Player 1 & Player 2

Two rocks placed at the top of the house and spaced apart by the width of a traditional gate (24 inches) and a third rock placed on the centreline, touching the back edge of the four foot ring

5th Shot- Player 1 & Player 2

One rock placed on the centreline, 1 inch in front of the rings

6th Shot- Player 1 & Player 2

One rock placed on the centreline, 1 inch in front of the rings and a second rock placed on the centreline and touching the back edge of the four foot ring



Scoring

1st Shot

Draw to the button
button/4 ft/8ft/12 ft/in play
5/4/3/2/1 points

2nd Shot

Around Guard
button/4 ft/8ft/12 ft/in play
5/4/3/2/1 points

3rd Shot

Hit & Roll
roll to button/4 ft/8ft/12 ft/remove rock
5/4/3/2/1 points

4th Shot

Hit through a port
roll to button/4 ft/8ft/12 ft/remove rock
5/4/3/2/1 points

5th Shot

Tap back
tap to button/4 ft/8ft/12 ft/in play
5/4/3/2/1 points

6th Shot

Run back
raised rock to button/4 ft/8ft/12 ft/in play
5/4/3/2/1 points

Skills Recording Sheet

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