



AND



Invite you to attend a

NOVICE STICK CURLING CLINIC at ST. VITAL CC

MONDAY, SEPT 30th from 1:00 – 3:00 PM (Arrive by 12:45)

This clinic will be of interest to you....

If you are interested in beginning or continuing your curling career.

Topics to be discussed include:

Safety * Types of Delivery Sticks * Line of Delivery * Rock Rotation * Weight Control *

For those interested – rules & strategy of 2 person stick curling

To register, send an email to dcrerar1@mymts.net.

Fee \$10.00 to be collected at Registration and shared between St Vital Stick Curling and the Manitoba Stick Curling Association